

**Once TV**  
**SCRIPT IN ENGLISH WITH TIME CODE**  
**CATEGORY: CHILDREN'S STORIES**

<b>Break Dance</b>	<b>Time in</b>	<b>Time out</b>
- My name is Cesar. I am 10 years old and I am a B Boy.	01:07:52	01:07:57
- B Boy is short for Break Dancer.	01:07:59	01:08:01
- Breakdancing is an extreme dance.		
It's all about strength and flexibility.	01:08:02	01:08:06
- In order to dance, I need: a helmet, cap...		
- ...wrist and elbow pads, and a boombox.	01:08:08	01:08:12
- Before I start dancing...		
- I have to warm up my muscles	01:08:15	01:08:19
- Some of the moves are: Flip, Windmill. Air Track and Freeze	01:08:21	01:08:29
- I like to dance with my brother, because...		
- ...I feel we support each other.	01:08:31	01:08:36
- In order to be a great B Boy, you must be very disciplined.	01:08:39	01:08:43
- Practice for hours, until you get it right.	01:08:43	01:08:44
- When people are watching, I feel nervous.	01:08:51	01:08:54
- I imagine I'm in a forest...		
- ...with nobody around.	01:08:56	01:08:59
- And I am alone, dancing.	01:09:00	01:09:02
- When I dance and make a great move...		
- ...I feel I am better than my brother.	01:09:06	01:09:11
- As if I got good grades.	01:09:13	01:09:15
- When I dance I feel good...		
- ...happy, free to do whatever I want.	01:09:18	01:09:25
Dance, Once Niños.	01:09:27	01:09:29