

EUROVISION CHILDREN DOCUMENTARY EXCHANGE 2006-11-16
TRT

NOW I'M FREE

EXT/DAY/SCHOOL GARDEN

10.00.08-10.00.12

Sevval: So cute, It's so sweet

INT/DAY/HOUSE

10.00.13-10.00.22

Sevval: I want a cat. This is the first. Secondly I want a healthy life.

INT/DAY /HOUSE

10.00.28-10.00.32

Sevval: I want to stay for a sleepover with Doga.

EXT/DAY/SCHOOL GARDEN

10.00.37-10.00.43

Sevval: My name is Sevval Ozkan and I'm 10. I'm at 4th grade. I have diabetes.

INT/DAY/HOUSE/KITCHEN

10.00.50-10.01.12

Mother: Just test it and then let us put the stuff into the places we bought from the market.

Sevval: I love to eat them.

Sevval: 99

Mother: Then take a piece of sugar

EXT/DAY/SCHOOL GARDEN

10.01.17-10.01.40

Sevval: It's an illness about the blood glucose(sugar) but there is nothing to do with the real sugar or eating sugar as known. As the body doesn't have insulin that produces glucose(sugar), you need to supply insulin externally to balance the level. So it's not related with eating sugar.

INT/DAY/HOUSE/LIVING ROOM

10.01.41-10.01.50

Mother: What's your color? Who will start up?

Sevval: You first

Mother: Red fish. That's so easy...

INT/DAY/HOUSE/ROOM

10.01.55-10.02.10

Sevval: It was the half of the 1st grade at school. I had started drinking consequently so much water, I was using the toilet so frequently. My family took me to the hospital. After the blood analysis we learnt that I have diabetes.

EXT/DAY/DIABETES' CAMP

10.02.28-10.02.37

Sevval: Diabetes' camp. We enjoy it every time as we always play outdoor games.

10.02.43-10.03.03

Sevval: When we move much and become tired, our glucose level sometimes decreases. You feel exhausted and you shiver. In that case test the blood glucose and if we find out that the level is low, I eat sugar if I don't have fruit juice.

10.03.06-10.03.24

Sevval: I hate the expression sick as it is not a good word. I prefer the expression diabetes rather than sick that's why I always coorrect it.

Sevval: We call it 'diabolics' as no one can understand.

10.03.27-10.03.33

Sevval: I hate lantus. It's awful and disgusting. I want to break it down.

10.03.34-10.03.42

Doctor: Is it possible if you don't have lantus injection?

Sevval: Yes it is, no it isn't..

Doctor: She regularly has lantus although it hurts.

Seval: I don't do it, my mother does every time..

INT/NIGHT/HOUSE

10.03.52-10.04.08

Sevval: The regular injections supply insulin for 4 hours, but the lantus supplies for 24 hours that I need whole day.

INT/NIGHT/HOUSE

10.04.27-10.04.59

Doga: Sevval, I always come to your house, when will you come to our house?

Sevval: My mother tells me that, one day I will inject lantus by myself and as soon as I start doing it by myself, I will be able to spend a night with you. Also my mother tells me that we will come to visit you one weekend after the school. We can make plans. Can we slide at your hall,too?

Doga: We don't have a hall..

10.05.00-10.05.08

Sevval: When you spend time with a friend you enjoy yourself and never get bored.

EXT/DAY/SCHOOL GARDEN

10.05.36-10.05.59

Sevval: I can't stay sleepover with Doga because I have to keep my glucose level under control. If it decreases while I'm sleeping, I may faint. So we have to check it at nights. My mother always does it.

INT/DAY/CLASS

10.06.11-10.06.45

Sevval: At noon I test my blood glucose. I open my testing bag. I take out my testing device and lancet. Take a strip and hold the tissue to clean my finger. I prick my finger to test. Here, I'm taking my pen. I inject to my leg. You can also inject to your arm, hip or navel but I prefer my leg.

INT/DAY/CONCERT

10.06.45-10.07.20

INT/DAY/HOUSE

10.07.20-10.07.34

Sevval: Do not annoy me in my daily life..

Mother: Am I annoying you in your daily life Sevval?

Sevval: Yes, you are always with me

Sevval: Mum, you always come with me and force me to do something or just tell me to test.

INT/DAY/HOSPITAL

10.07.37-10.07.46

Mother: Tell everything what you have in your mind

Sevval: I know

10.07.57-10.08.18

Doctor: You should have your meal after the insulin injection. You need to exercise 15 or 20 minutes later

Sevval: One more question. What should I do to stay a sleepover with my friend?

Doctor: You shouldn't restrict your life in any way.

Mother: We don't.

Doctor: You may stay. You have to know when you need insulin and you have to pay attention to your meals. Then you can do whatever you want.

10.08.19-10.08.37

Sevval: Firstly I will say 'Doga I have a surprise for you' And I will add 'as the doctor said I could go on a sleepover.'

Absolutely she will say 'ole'!

INT/DAY/HOUSE

10.08.43-10.08.56

Sevval: We can go on a sleepover with Doga from now on because I will inject my Lantus by myself tonight. I wasn't able to do it before. That's why I couldn't go on a sleepover as it was a hard injection.

10.08.57-10.09.09

Doga: Is this the injection you are going to apply?

Sevval: Yes this is lantus. How many units mum? Will it be 10?

Mother: 10 units

Sevval: 10 units..

10.09.25-10.09.42

Doga: Did it hurt?

Sevval: Not this time..

Doga: Does it hurt when your mother injects?

Sevval: Sometimes yes sometimes no...

Mother: Congratulations Sevval. How nice you did it by yourself. Now you can spend a night with Doga in Glass Furnace Camp you were always talking about...

EXT/DAY/GLASS FURNACE CAMP

10.10.09-10.10.21

Sevval: I'm going to stay with my friend at the same room but my mother will not be in that room and I'm not going to see my mother during 2 days.

INT/DAY/GLASS FURNACE CAMP

10.10.49-10.11.00

Sevval: My mother is not here. I am alone. I'm making glass. I dreamt about here and looked forward being with Doga. I couldn't stay because of lantus before.

Sevval: Since I can have my lantus. I can stay any time I want.

EXT/DAY/GLASS FURNACE CAMP

10.11.29-10.11.43

Sevval : Olley..grilled meat ball..

Sevval : Cow...There is a cow...

Sevval: These are all for my mummy...

Sevval: Look, it's like powder..

INT/NIGHT/GLASS FURNACE CAMP/ROOM

10.12.03-10.12.19

Sevval : The best thing of a night without my mum is that I can stay with my friend.

Sevval : I am the only one who can inject. It's a miracle.

Sevval: Although I have diabetes I can make sort of things easily. So freedom means doing something by yourself. In other words doing something without your mother or any other help.

10.13.04-10.13.14

Sevval: Mummy it is 275..Now I'm going to inject my lantus. ..

10.13.25-10.13.34

Sevval : Doga I can not wake up at 01.00 AM.Would you please wake me up?

Doga: Which time did you set up the alarm?

Sevval: 01.00 AM

Doga: OK

10.14.23-10.14.25

Sevval: I have tested it.277....

10.14.39-10.14.43

Sevval: I missed my mother a lot but NOW I'M FREE....